

Lenten Resources from Sophia Institute/Family of Faith

Our Lenten resources are now available [here](#). You'll find saint biographies, coloring pages, grade-level Lenten activity packets (both in English and Spanish) and the weekly Gospel lessons.

Here is a suggestion to bring the whole family together in a Parents or Community Meeting to pray the [Stations of the Cross](#) / [Las Estaciones de la Cruz](#) (Spanish) or you may also want to suggest the [Service Project](#) / [Proyecto de Servicio](#) to them. These are on the March online resources and the Leader's Guide.

Let us begin this Lenten season and the month of March with our beloved **St. Joseph**. You might want to suggest to parents to pray a novena prior to the feast of St. Joseph, which we celebrate on March 19, 2022. Here is a page with [prayers and devotions to St. Joseph](#). Here is in Spanish - [Devociones a San José](#).

Perhaps you would like to check out [Holy Heroes](#). They have some delightful (and FREE) Lenten resources.